

# SIZE GUIDE

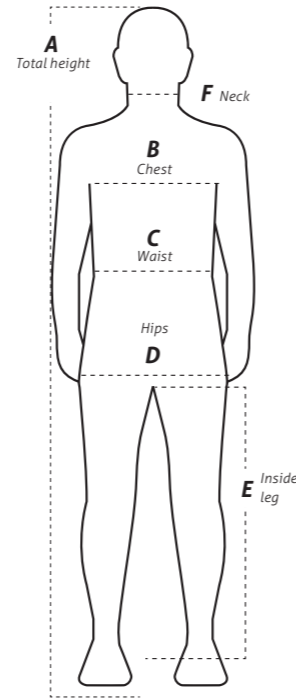
Starting from your own body size, compare to the tables to find the correct size. Choose the table matching your height (A).

The tables for women's garments only apply for garments from the chapter Woman, otherwise, the tables for men apply. There are separate size tables for Acode. For a limited number of anti-flame garments, there are separate tables B and C.

When buying trousers, measure A, C, D, E and for jackets, measure B (sizes XS-5XL). Measure A, B, D, E for coveralls and, depending on your height, choose regular, long or short in the tables.

### PLEASE NOTE!

All measurements given in the tables are body size, except the inside leg, which is equivalent to the garment's size.



PLEASE NOTE! USE YOUR BODY MEASUREMENTS

TABLES FOR WOMEN'S GARMENTS FROM THE CHAPTER WOMAN ON PAGES 210-221.

WOMEN SIZES		XS	S	M	L	XL	2XL	3XL						
Figure C Normalhips	B Chest cm	76	80	84	88	92	96	100	104	110	116	122	128	134
	C Waist cm	63	66	69	72	76	80	84	88	93	99	105	111	117
A Total height 164-172 cm	D Hips cm	87	90	93	96	99	102	106	110	115	120	125	130	135
	E Inside leg cm	80	80	80	80	80	80	80	80	80	80	80	80	80

MENS SHIRTS SIZES	XS	S	M	L	XL	2XL	3XL
F Neck measurement in cm	35-36	37-38	39-40	41-42	43-44	45-46	47-48

SIZE TABLE ONLY FOR FLAM TROUSERS ON PAGES 144-145.

TROUSERS	SIZES	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C146	C148	C150	C152	C154	C156
	C Waist cm	76	80	84	88	92	96	100	104	108	112	116	80	84	88	92	96	100
	E Inside leg cm	80	80	82	82	82	82	84	84	84	84	84	85	87	87	87	87	89

JACKETS, TROUSERS AND COVERALLS. TOTAL HEIGHT 176-184 CM. THIS TABLE SHOWS THE SIZE GROUP REGULAR FOR COVERALLS.

MEN SIZES		C40	C42	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C66	
Figure C Normalwaist	B Chest cm	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136
	C Waist cm	68	72	76	80	84	88	92	97	102	108	114	120	126	132	138
A Total height 176-184 cm	D Hips cm	88	91	94	98	102	106	110	114	118	122	126	130	134	138	142
	E Inside leg cm	80	80	80	80	82	82	82	82	84	84	84	84	84	84	84

TROUSERS AND COVERALLS. TOTAL HEIGHT 184-192 CM THIS TABLE SHOWS THE SIZE GROUP TALL FOR COVERALLS.

MEN SIZES		C144	C146	C148	C150	C152	C154	C156	C158	C160	C162	C164	C166	C168
Figure C Normal waist	B Chest cm	88	92	96	100	104	108	112	116	120	124	128	132	136
	C Waist cm	76	80	84	88	92	97	102	108	114	120	126	132	138
A Total height 184-192 cm	D Hips cm	94	98	102	106	110	114	118	122	126	130	134	138	142
	E Inside leg cm	85	85	87	87	87	87	89	89	89	89	89	89	89

TROUSERS AND BIB'N'BRACE. TOTAL HEIGHT 192-200 CM.

MEN SIZES		C246	C248	C250	C252	C254	C256	C258	C260
Figure C Normal waist	B Chest cm	92	96	100	104	108	112	116	120
	C Waist cm	80	84	88	92	97	102	108	114
A Total height 192-200 cm	D Hips cm	98	102	106	110	114	118	122	126
	E Inside leg cm	90	92	92	92	92	94	94	94

TROUSERS AND COVERALLS. TOTAL HEIGHT 168-176 CM. THIS TABLE SHOWS THE SIZE GROUP SHORT FOR COVERALLS.

MEN SIZES		D84	D88	D92	D96	D100	D104	D108	D112	D116	D120	D124	D128	D132	D136
Figure D Largewaist	B Chest cm	84	88	92	96	100	104	108	112	116	120	124	128	132	136
	C Waist cm	78	82	86	90	94	98	103	108	114	120	126	132	138	144
A Total height 168-176 cm	D Hips cm	93	96	100	104	108	112	116	120	124	128	132	136	140	144
	E Inside leg cm	76	76	76	78	78	78	80	80	80	80	80	80	80	80



MEN SIZES	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
	40-42	44-46	48-50	52-54	56-58	60-62	64-66	68-70	72-74	76-78
B Chest cm	80-84	88-92	96-100	104-108	112-116	120-124	128-132	136-140	144-148	152-156
C Waist cm	68-72	76-80	84-88	92-97	102-108	114-120	126-132	138-144	150-156	162-168

WOMEN SIZES	S	M	L	XL	2XL
	34-36	38-40	42-44	46-48	50-52
B Chest cm	80-84	88-92	96-100	104-110	116-122
C Waist cm	66-69	72-76	80-84	88-93	99-106

INCHES CONVERSION TABLE

WAIST	
Waist inch-sizes	26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54
Waist cm	66 69 71 74 76 79 81 84 86 89 91 94 96 99 102 104 107 109 112 114 117 119 122 124 127 129 132 134 137

LENGTH	
Inside leg inches	30 32 34
Inside leg cm	76 81 86